

# **Green Castle Group Stay Safe COVID – 19 Pledge**

As a tenant with Green Castle Group – I pledge to do the following in my efforts to stop the spread of COVID 19:

## **SOCIALLY DISTANCE:**

Follow all guidelines for physically distancing myself – minimum of 6 feet between people and limitations on the numbers of people in a gathering, inside or outside of my apartment.

## **WEAR FACE MASK:**

Whenever I am outside of my apartment, I will wear a face mask in common halls, lobbies, parking areas and all public spaces.

#### **WASH HANDS & SANITIZE:**

Wash my hands often with soap and water for at least 20 seconds or use hand sanitizer.

#### **CLEAN & SANITARY:**

Keep my clothes, personal belongings and my apartment clean and sanitize my room and common rooms in the apartment. I will pay close attention to sanitizing the kitchen and bathroom areas on a frequent basis.

# **FOLLOW ALL STATE AND LOCAL GUIDELINES:**

I will be aware of, and abide by, all rules and guidelines established by the State of Vermont and City of Burlington to do my part to stop the spread of COVID 19.

# PROTECT THE COMMUNITY:

I will always do my best to be a safe and mature member of the community. I will follow the Green Castle Group "Good Neighbor" guidelines set forth in my lease. I will be aware of and do whatever is possible to protect those that are most vulnerable to stay safe.

## TAKE CARE OF MYSELF:

I will monitor my health and immediately seek medical advice if I believe I may have any symptoms of COVID 19 – high temperature; dry cough, sore throat, dizziness, chills, loss of taste and other symptoms.

I will follow all quarantine guidelines when entering Vermont and Burlington and get COVID 19 testing whenever requested or advised by a medical professional.

# **MAKE A DIFFERENCE:**

I understand that I personally make a difference in stopping the spread of COVID 19 by staying safe, following all guidelines, being a mature and conscious member of the community and limiting all gatherings inside and outside of my apartment.